

CONSTITUTION

OTTAWA SENIOR HOCKEY LEAGUE (OSHL)

1. IDENTIFICATION

1. The organization is called the **Ottawa Senior Hockey League** or **OSHL**, and is called the League herein. It was founded in 1980 to foster "old-timer" hockey in a house league or non-elitist format. OSHL is a non-profit organization, and no part of any net earnings is to benefit any individual member.

2. PURPOSES

The purposes of the League are:

1. To provide ice hockey for players 40 years of age and over in a non-contact house league.
2. To provide social programs such as parties and player awards for members of the League.
3. To provide an attitude of fellowship and sportsmanship.

3. MEMBERSHIP

1. All participants in the OSHL who meet the fee requirements specified in Article 4.2 are full members of the League.
2. The membership period extends from the Annual General Meeting (AGM) of one year to the Annual General Meeting of the next year.

4. FEES AND WAIVER

1. The Executive determines the fees for OSHL activities. The OSHL is not-for-profit and every effort will be made to limit fees to the amount needed to cover expenses incurred. Any surplus funds will be saved in the League's bank account for future contingencies such as down payments for ice time, new sweaters or losses incurred in other functions.
2. Fees for ice hockey must be paid in full prior to the start of play by any participant, whether as a regular (full-time) or as a spare (part-time) player.
3. All regular and spare players must sign the liability waiver prior to stepping onto the ice.

5. EXECUTIVE

1. The Executive shall consist of the following elected positions: President; VP Spares/Discipline; VP Social/Sweaters; Registrar; Treasurer; Past President; Webmaster.

2. The incoming Executive shall honor all decisions made by the existing Executive unless changed at the Annual General Meeting in accordance with the six-week notice provision of Article 13.2.

6. ELECTION OF EXECUTIVE

1. The Executive is elected at the Annual General Meeting.
2. All positions are declared open at the AGM and any member of the League (as defined in Article 3) may be nominated for an Executive position. All elected officials assume their duties immediately upon conclusion of the votes being counted.
3. A nomination officer will preside over the nominating process and the election. The nominating officer cannot be nominated for any Executive position.
4. The following restrictions are in place:
 1. No person may hold any Executive position for more than three consecutive years.
 2. No person may hold more than one Executive position at the same time.
5. Nominees for Executive positions may be elected:
 1. By acclamation if only one person has been nominated.
 2. By vote if there is more than one nominee for a position. Voting shall be by ballot. The nominee with the most votes and simple majority (50% plus 1 or more of votes cast) will be elected. If there are more than two nominees for a position and no one receives a simple majority, the nominee with the least number of votes will be eliminated from the election and the votes will be recast.
6. Voting rights:
 1. A player shall be a member of the OSHL for one year before exercising voting rights at the AGM.

7. DUTIES OF THE EXECUTIVE

1. President:
 1. Is the head of the League and presides over all Executive meetings of the League.
 2. Is responsible for arranging ice time.
 3. Shall have signing authority for payments by cheque.
 4. Shall be in charge of the player draft.
 5. Shall be in charge of equalization draft.
 6. Shall assume the Treasurer's responsibilities in his absence.
 7. Has the authority to approve the use of a spare in the playoffs.
 8. Is responsible for the establishment of the regular season and playoff schedule.
2. VP Spares/Discipline:

1. Shall assume the President's responsibilities in his absence.
 2. Shall be the Chairman of the league Disciplinary Committee and administer, in conjunction with the Team Coordinators, the Disciplinary Committee's rulings to the members.
 3. Shall be responsible for the maintenance of the spares list and the rating of players on the list.
 4. Has the authority to approve the use of a spare in the playoffs
3. VP Social/Sweaters:
1. Shall be in charge of organizing and coordinating social functions, especially the end-of-year banquet.
 2. Shall be in charge of sweaters in the off season
 3. Shall coordinate the purchase of new uniforms when required.
4. Registrar:
1. Shall be in charge of registration of full time players.
 2. Shall mail out forms in time for fall registration.
 3. Shall maintain player records.
 4. Shall be in charge of Team Coordinators.
5. Treasurer:
1. Shall be the financial officer of the League.
 2. Shall keep complete records of all the money received and disbursed by the League.
 3. Shall report on the financial position of the League at each AGM.
 4. Shall draw all cheques and pay all accounts as authorized by the Executive
 5. Shall arrange timely payment of the paid officials.
6. Web Master:
1. Shall maintain the league's web site
 2. Shall be responsible for the maintenance league's domain name

8. TEAM COORDINATORS

1. Shall participate or nominate another team member to participate in the Disciplinary Committee.
2. Shall coordinate money collection from spares, sweater distribution and collection.
3. Shall ensure that all players are informed of any schedule changes, and that all players receive equitable ice time.
4. Shall insure that their team has at least 9 players for each game, and recruit appropriately rated spares when the team roster might fall below 9 players.

5. Shall inform players who are traded in the draft of their new team.

9. COMMITTEES

1. A Special Events Committee shall be initiated by the President when deemed necessary.
2. The Disciplinary Committee shall be convened by the President when deemed necessary.

10. PAID OFFICIALS

1. The appointment of Paid Officials is the responsibility of the President.
 1. Officials shall consist of:
 - i. Two Referees
 - ii. Timekeeper.
 2. Rates of pay for officials shall be determined by the executive.

11. MEETINGS

1. Annual General Meeting to be held at the conclusion of the final game of the playoffs.
2. The League Draft: date to be set by the President.
3. Executive Meetings: dates to be set by the President.

12. DISCIPLINE

1. The Disciplinary Committee shall be convened by the President when deemed necessary.
2. Decisions of the Disciplinary Committee to be administered by VP Spares/Discipline assisted by the Executive, and Team Coordinators.

13. AMENDMENTS TO BY-LAWS

1. By-laws can be changed only at an Annual General Meeting or at a Special General Meeting.
2. Notice must be given six weeks in advance of a Meeting for non-administrative amendments.

14. LIABILITY

1. The League and the Executive shall not be liable for injuries incurred by any member or members of the League, or by the Paid Officials.

15. LEAGUE GAMES

1. Require that each team have at least six (6) skaters and one (1) goal tender.
2. Any deviation must be agreed upon by the Team Coordinators prior to the commencement of the games.

16. RULES OF CONDUCT

1. To be administered by the VP Spares/Discipline and Team Coordinators.

17. RULES AND REGULATIONS

The OSHL is a non-contact league, and is intended to provide a friendly environment in which fellowship and sportsmanship are promoted and pursued. **The OSHL will adhere to the Rules of Hockey Canada and its own Regulations, as stated In Appendix A.**

Appendix A

OSHL REGULATIONS

CONDUCT REMINDER

The intent of the Regulations are to help prevent incidents and injuries, and to ensure that all participants are aware of the consequences of unacceptable conduct. The OSHL Executive and Disciplinary Committee expect all participants to respect the rules of clean play and good sportsmanship, and to support their vigorous enforcement in pursuit of our common objective: to promote fun, fellowship and sportsmanship in a friendly environment.

Major Penalty

1. 1st Offence: Remainder of the game
2. 2nd Offence: Remainder of the game + suspension for the next 3 games. No appeal.
3. 3rd Offence: Remainder of the game + additional suspension as determined by the Executive.

1. Three Minor Penalties in Same Game

1. 1st Offence: Remainder of the game + one-game suspension if third minor occurs in last 5 minutes of game.
2. 2nd Offence: Remainder of the game + suspension for 2 games.
3. 3rd Offence: Remainder of the game + additional suspension as determined by the Executive.

2. Misconduct

1. 1st Offence: 10-minute penalty.
2. 2nd Offence: Remainder of the game + one-game suspension + reprimand to team and player.
3. 3rd Offence: Remainder of the game + suspension for the next 2 games + review by the Executive.

3. Game Misconduct

1. 1st Offence: Remainder of the game + suspension for the next 2 games + reprimand to team and player.
2. 2nd Offence: Remainder of the game + additional suspension as determined by the Disciplinary Committee.

4. Gross Misconduct

1. 1st Offence: Remainder of the game + appropriate Game Misconduct penalty.

5. Match Penalty

1. 1st Offence: Remainder of the game + immediate suspension for a term as determined by the Disciplinary Committee.

6. Verbal Abuse of an Official

If a player, upon receiving a minor penalty, "mouths off" at an official, he will receive a second minor penalty. If he continues to verbally abuse an official, he will be ejected for the remainder of the game and the Disciplinary Committee will review his conduct.

7. Player Ejection

In the event that a player is ejected from a game, his team will play short for the time that the player is penalized, and will not be required to put a player into the penalty box to serve the penalty for the ejected player. The timekeeper will notify the penalized team of the penalty expiry.

8. Stick Above the Shoulder

Raising the stick above the shoulder with the intention to knock down the puck, whether or not contact is made with the puck:

1. Offensive player in offensive zone -- face-off in offending player's defensive zone.
2. Defensive player in defensive zone -- face-off in zone of occurrence.
3. In neutral zone -- face-off in offending player's zone.
4. Penalty only if determined to be a dangerous situation for surrounding players. (This is a Referee's judgment call.)

9. Slap Shot

A slap shot taken, or an action in the opinion of the officials indicating the intention to take a slap shot, whether or not contact is made with the puck - Minor penalty

10. Lack of Face Protection

Players must wear at least a half visor. Full face protection is highly recommended. Players without at least a half visor are not allowed on the ice.

